



1300 SMILES
We Care

TEETH WHITENING

Tooth discolouration is a problem that is experienced by many Australians. There are many causes, such as consumption of staining substances like coffee and tea, soft drink, tobacco and red wine, as well as some medications, and of course the natural process of getting older.

Almost anyone can benefit from teeth whitening, but like any procedure, depending on your individual situation you will experience different results. An oral exam with your 1300SMILES dentist will help determine your suitability for one of our whitening procedures.

All our 1300SMILES whitening procedures have undergone extensive research and clinical studies to ensure they are completely safe. You may experience some slight sensitivity, or rarely, a minor tingling sensation immediately after your procedure, but these effects will wear off. We do not recommend any teeth whitening product for children under thirteen years of age, or for pregnant or lactating women.

We Care™ about your teeth looking their best, which is why we suggest following some simple care instructions after your whitening treatment. We recommend flossing daily, brushing twice daily, and applying occasional touch-ups with a professional formula gel to keep your teeth white and healthy.

\$99/Week Dental Packages for extensive dental work.

\$1000 to \$5000 dental vouchers are available, all at \$99/week.

1300SMILES Dental Vouchers are for complex dental care costs or for the cosmetic dentistry you have been promising yourself. You no longer have to wait or stress about where to find a larger lump sum.

Now there is a real alternative for managing the cost of major dental work. By utilising the \$99/week vouchers, you can make the most of the world-leading standards in dental care at your local 1300SMILES practice.



Payment Plans
available

www.1300SMILES.com.au

  | 1300 764 537



1300 SMILES
Dentists

TEETH WHITENING

You are in great hands at 1300SMILES. As one of Australia's largest dental groups, we provide high standards of patient care, support and clinical excellence; delivered to you by your dedicated local team.

We Care™ about helping you look your best, with the self-confidence boost that comes from a beautiful white smile. Your smile is one of the first things people notice about you, and so at 1300SMILES we are proud to provide safe, effective teeth whitening procedures.

There are many factors that can mean your teeth no longer look as white and bright as they once did. The foods and drink we enjoy, some medications, and natural ageing will all contribute to darkening your tooth enamel. Fortunately, we have procedures that can help.

Your 1300SMILES team will encourage you to ask questions about any aspect of your procedure, before we begin. We want you to be completely informed and comfortable with your treatment, because your needs and concerns are at the heart of everything we do.



ZOOM™ in-chair whitening

Many of our patients opt for the comfort and convenience of an in-chair whitening treatment at 1300SMILES. We use ZOOM™ teeth whitening, an advanced system that's safe, effective and very fast, giving you great results in around an hour.

We recommend a professional cleaning prior to the actual ZOOM™ whitening session. Your ZOOM™ procedure then begins with a preparation period, followed by forty-five to sixty minutes of whitening.

ZOOM™ uses a bleaching process to lighten the discoloured enamel and dentin of your teeth. The specially formulated ZOOM™ whitening gel is applied to your teeth by your dentist and then activated by the ZOOM™ blue light.

The ZOOM™ light triggers the gel's active ingredient, hydrogen peroxide, helping it penetrate the surface of the tooth. As it breaks down, oxygen enters your tooth, bleaching coloured substances while leaving the structure of your tooth unchanged.

After your ZOOM™ treatment at 1300SMILES, your teeth will typically be at least six to ten shades whiter, and sometimes more. You'll be amazed with the results – in fact, in many cases your teeth will get even whiter the first few days after your treatment.

Take-home whitening kits

If you'd prefer a convenient teeth whitening treatment that fits in around your busy schedule, at 1300SMILES we also offer take-home whitening kits.



Our take-home whitening kits consist of custom-made trays that look similar to a sports mouthguard, which we supply for you to use at home. Special whitening gel is applied into the trays, which you then wear either for an hour or overnight.

To achieve the shade you desire, you will need to continue your whitening treatment for seven to ten days, but you'll start to notice a significant difference after just a few days.

All of 1300SMILES' teeth whitening methods are completely safe to use. We Care™ about the longevity of your whitening treatment, which is why we are happy to offer advice on the lifestyle and food choices you can make to prolong your results. If you smoke or consume strongly dyed foods, you will find your teeth will discolour much more quickly, but with our recommended care routine, many of our patients achieve brighter teeth that last for two years or more.



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