



1300 SMILES
We Care

**CHILDREN'S
DENTISTRY**

**\$99/Week Dental Packages
for extensive dental work.**

\$1000 to \$5000 dental vouchers are available, all at \$99/week.

1300SMILES Dental Vouchers are for complex dental care costs or for the cosmetic dentistry you have been promising yourself. You no longer have to wait or stress about where to find a larger lump sum.

Now there is a real alternative for managing the cost of major dental work. By utilising the \$99/week vouchers, you can make the most of the world-leading standards in dental care at your local 1300SMILES practice.



**Payment
Plans**
available



When to Book Your Baby's First Appointment

1300SMILES likes to see young patients by age one or as soon as they get their first tooth. Our dentists are extremely gentle with young children as we want to ensure each visit is a positive experience.

Regular six-monthly check-ups allow our dentists to closely monitor their tooth and jaw development and to check for any early signs of tooth decay. We can often successfully treat early signs of decay, saving the tooth and minimising discomfort. During these appointments we will gently clean their teeth and we are always available to answer any questions you have about their dental care, or to offer advice and practical demonstrations on how to brush and floss.

www.1300SMILES.com.au

| 1300 764 537

1300 SMILES
Dentists

**CHILDREN'S
DENTISTRY**

1300SMILES loves welcoming children to our dental practices and We Care™ deeply about their dental health. Our dental team knows these early visits to a dentist can be vital towards children enjoying a lifetime of great dental health.

Baby Teeth and Their Importance

Children can begin to get their first teeth from the age of six months to a year. These baby teeth are called primary or milk teeth and will last until the adult teeth are ready to push through. It is easy to imagine baby teeth do not require much maintenance, as after all they will soon be replaced with permanent adult teeth, but we'd like you to consider these important facts.

Your child's baby teeth help them to learn to speak clearly and enable them to enjoy a greater range of foods so they can receive all the nutrients necessary for growth and development. Baby teeth hold open the correct amount of space for adult teeth until they are ready to push through, so there is less chance of your child requiring orthodontic treatment at a later



Early Orthodontic Treatment



Have you noticed children seem to begin wearing braces earlier than before? This is because sometimes early orthodontic treatment can help reduce the need for braces later on and may mean there is no need to extract teeth while straightening them. During your child's early check-ups we will be keeping a close eye on the development of their teeth and jaws. If we notice any irregularities developing we will then recommend a full orthodontic evaluation, usually around the age of six or seven.

By this age we will be able to see how your child's teeth and jaw will develop, and can predict if early treatment will help. Often treatment can be used to widen jaws that are too narrow, or to correct problems which may have arisen as a result of childhood habits such as thumb or finger sucking. Early interceptive orthodontic care is often carefully timed to take advantage of periods of growth and development.

The Importance of Fluoride

Fluoride treatments are excellent for strengthening tooth enamel, increasing its resistance to decay causing bacteria. This treatment is often given as part of their regular check-up, after we have finished examining and cleaning their teeth. It is very important that young children receive an adequate amount of fluoride, particularly as their teeth develop and we can advise you on when to begin using fluoride toothpaste and the use of additional fluoride products such as mouthwash. If necessary, we can prescribe fluoride supplements.

Preventative Dental Care

We regard preventative dental care as being extremely important and our dentists work with parents and caregivers to provide customised preventative dental care for our young patients. This is based on your child's current dental health and their level of risk.



Fissure Sealants Reduce the Risk of Cavities

Fissure sealants protect the chewing surfaces of back teeth. These surfaces are particularly prone towards developing cavities due to the deep grooves and fissures which can be tricky to clean. Fissure sealants can only be used on teeth which do not have any signs of decay and for this reason we recommend they are applied as soon as a child's adult back teeth emerge. Application is quick and non-invasive, and only takes one appointment with 1300SMILES.

If we feel a young child is at increased risk of developing cavities in their milk teeth, perhaps because of deeper than average fissures that are difficult to brush, then we may recommend using fissure sealants to protect these teeth until their adult teeth are ready to erupt. Children's milk teeth have a vital role to play in ensuring their adult teeth erupt normally.

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