

Handball, European (team)

The planning considerations that are common to all curriculum activities can be found in the [CARA generic template](#). These must be considered as well as the activity-specific considerations outlined below.

Activity scope

This guideline relates to student participation in European (Team) handball, as a curriculum activity, including skills development, training and competitions.

Mandatory requirements

Mandatory requirements must be met for the activity to be conducted.

- Follow the [Handball Australia](#) guidelines established for this activity.
- Students must wear a mouthguard when participating in Handball, European (team). The Department strongly recommends that students wear custom-fitted mouthguards. Schools are required to provide information about the different types of mouthguards to parents/carers to assist them make an informed choice for the student, for example, see the [Sport Medicine Australia - Dental Injuries](#) and the [Australian Dental Association](#) recommendations.
- Obtain parent/carer consent as part of the medical questionnaire/declaration required for participation in Handball, European (team). The medical questionnaire/declaration must include the following statement:

I understand that mouth protection is mandatory in this sport. I have read the information provided to me about mouth protection and accept responsibility for the type of mouth protection I/my child will wear whilst playing this sport.

(Note: Students with a medical condition that may impact on their safety during participation in this activity must be cleared by a medical practitioner to participate in the activity).

- Establish and implement procedures for emergencies such as injury (e.g. [head injuries](#)) and first aid, resuscitation, communication, emergency service contact details and supervision/safety detail of students that are appropriate to the handball activity, location and conditions.
- Establish and implement safety procedures and correct technique when playing European handball or practising skills.
- Induct students on emergency procedures, safety procedures and correct technique to avoid injury.
- Follow the school's [sun safety strategy](#).
- Refer to the [School Excursions and International School Study Tours](#) for mandatory travel requirements that may be associated with this activity when playing off site.

Risk level

Medium risk: Teaching of non-contact European handball skills and games.

High risk: Teaching of European handball skills, training and competitions.

Supervision requirements

- Provide sufficient adult supervision to manage the activity safely (including emergency situations). Consider age, size, ability and maturity of students in this decision. Principals make decisions about the supervision requirements.
- Ensure supervisors are visible and easily identified and that all students are in sight of at least one adult at all times.



- During competition, a qualified first aid officer with cardio pulmonary resuscitation (CPR)/sports trainer should be readily accessible to the court(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required.

Qualifications for supervisors

- A registered teacher with competence (knowledge and skills) in the teaching of European handball.
OR
- An adult supervisor other than a registered teacher with [Beginning Coaching Handball](#) (Level 1) coaching accreditation with Handball Australia (or equivalent), working under established safety procedures and the direct supervision of a registered teacher.

Requirements for facilities and equipment

- Readily available first aid equipment and consumable items (e.g. heat and ice packs) appropriate to the location and level of risk.
- All equipment must conform to [Australian Standards](#); be properly maintained, in good working condition and fit for purpose; and be used as intended in accordance with manufacturers' instructions.
- Clearly define playing area and establish a safety/spectator zone.
- Wear personal protective equipment (including footwear) appropriate to the playing surface, type of activity and age of participants.

Hazards and controls

Before the activity

Hazards	Control measures
Considering environmental condition	<ul style="list-style-type: none"> Assess weather (Bureau of Meteorology) and environmental conditions.
Accessing facilities and using equipment	<ul style="list-style-type: none"> Check the venue has adequate lighting and ventilation and a clearly defined playing area (including boundary clearances) that is non-slip and free from obstacles. Ensure the playing area is level and free from loose items, debris and hazards. Do not play on slippery surfaces. Ensure equipment (e.g. balls, goal nets) are checked for damage and meet the Australian Handball regulations. Clearly define the playing and clearance zone of 2m with marker cones prior to play commencing. If there is not sufficient available space, consider reducing the playing field, remove spectators/obstacles, station supervisors near any obstacles or pad the obstacle.
Managing student considerations	<ul style="list-style-type: none"> Group students for on field positions on the basis of ability, size and suitability. Conduct an appropriate warm up program to prevent injury.

During the activity

Considering environmental conditions	<ul style="list-style-type: none"> Cease the activity if the weather is unfavourable (e.g. extreme temperatures, thunderstorms).
Accessing facilities and using equipment	<ul style="list-style-type: none"> Continually monitor and enforce the correct use of all equipment.
Managing student considerations	<ul style="list-style-type: none"> Monitor students for signs of fatigue and illness. Ensure drink breaks occur regularly (i.e. drink breaks are recommended every 30 minutes in conditions of extreme temperature) and drinks are available for individual players between drink breaks. Ensure goalkeepers defend their goal against one ball only at a time during skills practice. Remove accessories (e.g. jewellery) before participating. Ensure fingernails, hair and clothing do not interfere with the activity.

After the activity

Managing student considerations	<ul style="list-style-type: none"> Conduct an appropriate warm down program to prevent injury.
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Additional links

[Handball Australia](#)

[Handball Queensland](#)

[Queensland School Sport Unit](#)

[Sports Medicine Australia Injury Fact Sheets](#)

[Sports Medicine Australia Hot Weather Guideline](#)

[Australian Dental Association](#)

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