

# Handball, European (team)

The planning considerations that are common to all curriculum activities can be found in the [CARA generic template](#). These must be considered as well as the activity-specific considerations outlined below.

## Activity scope

This guideline relates to student participation in European (Team) handball, as a curriculum activity, including skills development, training and competitions.

## Mandatory requirements

Mandatory requirements must be met for the activity to be conducted.

- Follow the [Handball Australia](#) guidelines established for this activity.
- Students must wear a mouthguard when participating in Handball, European (team). The Department strongly recommends that students wear custom-fitted mouthguards. Schools are required to provide information about the different types of mouthguards to parents/carers to assist them make an informed choice for the student, for example, see the [Sport Medicine Australia - Dental Injuries](#) and the [Australian Dental Association](#) recommendations.
- Obtain parent/carer consent as part of the medical questionnaire/declaration required for participation in Handball, European (team). The medical questionnaire/declaration must include the following statement:

*I understand that mouth protection is mandatory in this sport. I have read the information provided to me about mouth protection and accept responsibility for the type of mouth protection I/my child will wear whilst playing this sport.*

(Note: Students with a medical condition that may impact on their safety during participation in this activity must be cleared by a medical practitioner to participate in the activity).

- Establish and implement procedures for emergencies such as injury (e.g. [head injuries](#)) and first aid, resuscitation, communication, emergency service contact details and supervision/safety detail of students that are appropriate to the handball activity, location and conditions.
- Establish and implement safety procedures and correct technique when playing European handball or practising skills.
- Induct students on emergency procedures, safety procedures and correct technique to avoid injury.
- Follow the school's [sun safety strategy](#).
- Refer to the [School Excursions and International School Study Tours](#) for mandatory travel requirements that may be associated with this activity when playing off site.

## Risk level

**Medium risk:** Teaching of non-contact European handball skills and games.

**High risk:** Teaching of European handball skills, training and competitions.

## Supervision requirements

- Provide sufficient adult supervision to manage the activity safely (including emergency situations). Consider age, size, ability and maturity of students in this decision. Principals make decisions about the supervision requirements.
- Ensure supervisors are visible and easily identified and that all students are in sight of at least one adult at all times.



- During competition, a qualified first aid officer with cardio pulmonary resuscitation (CPR)/sports trainer should be readily accessible to the court(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required.

### **Qualifications for supervisors**

- A registered teacher with competence (knowledge and skills) in the teaching of European handball.  
**OR**
- An adult supervisor other than a registered teacher with [Beginning Coaching Handball](#) (Level 1) coaching accreditation with Handball Australia (or equivalent), working under established safety procedures and the direct supervision of a registered teacher.

### **Requirements for facilities and equipment**

- Readily available first aid equipment and consumable items (e.g. heat and ice packs) appropriate to the location and level of risk.
- All equipment must conform to [Australian Standards](#); be properly maintained, in good working condition and fit for purpose; and be used as intended in accordance with manufacturers' instructions.
- Clearly define playing area and establish a safety/spectator zone.
- Wear personal protective equipment (including footwear) appropriate to the playing surface, type of activity and age of participants.

## Hazards and controls

### *Before the activity*

Hazards	Control measures
<b>Considering environmental condition</b>	<ul style="list-style-type: none"> <li>Assess weather (<a href="#">Bureau of Meteorology</a>) and environmental conditions.</li> </ul>
<b>Accessing facilities and using equipment</b>	<ul style="list-style-type: none"> <li>Check the venue has adequate lighting and ventilation and a clearly defined playing area (including boundary clearances) that is non-slip and free from obstacles.</li> <li>Ensure the playing area is level and free from loose items, debris and hazards. Do not play on slippery surfaces.</li> <li>Ensure equipment (e.g. balls, goal nets) are checked for damage and meet the <a href="#">Australian Handball regulations</a>.</li> <li>Clearly define the playing and clearance zone of 2m with marker cones prior to play commencing. If there is not sufficient available space, consider reducing the playing field, remove spectators/obstacles, station supervisors near any obstacles or pad the obstacle.</li> </ul>
<b>Managing student considerations</b>	<ul style="list-style-type: none"> <li>Group students for on field positions on the basis of ability, size and suitability.</li> <li>Conduct an appropriate warm up program to prevent injury.</li> </ul>

### *During the activity*

<b>Considering environmental conditions</b>	<ul style="list-style-type: none"> <li>Cease the activity if the weather is unfavourable (e.g. extreme temperatures, thunderstorms).</li> </ul>
<b>Accessing facilities and using equipment</b>	<ul style="list-style-type: none"> <li>Continually monitor and enforce the correct use of all equipment.</li> </ul>
<b>Managing student considerations</b>	<ul style="list-style-type: none"> <li>Monitor students for signs of fatigue and illness.</li> <li>Ensure drink breaks occur regularly (i.e. drink breaks are recommended every 30 minutes in conditions of extreme temperature) and drinks are available for individual players between drink breaks.</li> <li>Ensure goalkeepers defend their goal against one ball only at a time during skills practice.</li> <li>Remove accessories (e.g. jewellery) before participating.</li> <li>Ensure fingernails, hair and clothing do not interfere with the activity.</li> </ul>

### *After the activity*

<b>Managing student considerations</b>	<ul style="list-style-type: none"> <li>Conduct an appropriate warm down program to prevent injury.</li> </ul>
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## Additional links

[Handball Australia](#)

[Handball Queensland](#)

[Queensland School Sport Unit](#)

[Sports Medicine Australia Injury Fact Sheets](#)

[Sports Medicine Australia Hot Weather Guideline](#)

[Australian Dental Association](#)

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